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Client Information

Name: _____ Date of Birth: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Cell #: _____ Work #: _____ Home #: _____

Employer and Occupation: _____

Relationship: Married Single Living with partner Separated Divorced Widowed

Name of spouse/partner (or parent/guardian of client under 21 years of age):

Name: _____ Age: _____ Occupation: _____

Children and stepchildren in your family:

Name: _____ Age: _____ Name: _____ Age: _____

Name: _____ Age: _____ Name: _____ Age: _____

Name: _____ Age: _____ Name: _____ Age: _____

Emergency Contact:

Name: _____ Phone: _____

Relationship to you: _____

Employer of insurance holder: _____

Primary care physician/practice name: _____

Medical History

Allergies (adverse reactions to medications/food/etc)

Current Medications

Name:	Dose:	Purpose:	MD Prescribing:
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Date of Last Physical Exam: _____

Psychiatric Hospitalizations? When?

Do you have any sleep problems? Use any sleep aids? Yes No (if yes, describe)

How many times per week do you generally exercise? _____ What activity and how long?

Recent weight loss or weight gain? Yes No

Do you drink caffeine? Typical amount in a day? (sodas, energy drinks, coffee, iced or hot tea)

Do you use tobacco? (smoking or chewing) Yes No

Daily amount: _____

Attempted to quit? Yes No

How many drinks (mixed, beer or wine) do you normally drink in a day/week?

Recreational drug use may affect your moods and health. Please talk with me about your patterns of use since this may affect starting a medication for depression or anxiety, etc.

Recent feelings of overwhelming sadness, grief, or depression? Yes No

Recent spells of crying or feelings of wanting to cry? Yes No

Past depression? Yes No

Did you seek treatment? Did it resolve without treatment? _____

Recent feelings of low self-esteem or worthlessness? Yes No

Increased irritability or anger? Yes No

Are you currently experiencing anxiety, panic attacks, or have any phobias? Yes No

Problems with anxiety, panic attacks or phobias is past? Yes No

Problems with obsessive compulsive behaviors like excessive cleaning, checking and re-checking, washing, excessive collecting, unable to stop thinking about something? Yes No

Do you have problems with chronic pain? Yes No

Financial Information

Insurance company: _____

Phone: _____ (see back of card for this- use mental health #)

Policy #: _____

Group #: _____

Name of Insured (if other than yourself): _____

Relationship to Insured: _____ Insured's date of birth: _____

Deductible: _____ Deductible met? Yes No

Co-pay: _____ Coverage limit (if known): _____

Annual sessions limit: _____

*This is a strictly confidential patient medical record.
Re-disclosure or transfer is expressly prohibited by law.*